



The Life Whisperer

2012 Calender of Events

Month	Date	Event	Brief Description
March	22 nd	The Way of Meditation	Unwind in a stress-free environment, create a sacred space and learn different meditation techniques that nurture and nourish the soul long after the day is over and receive a personal journal to record your experience.
May	24 th	Advanced Crystal Healing	Wands, wood and ancient wisdom: this one-day advanced crystal workshop will teach you how to delve deeper into the mysteries and magic of crystal energy and its relevance for current times
June	21 st	Summer Solstice Celebration	As featured in Kindred Spirit Magazine (Sept 2011): Spend a day in self-reflection and contemplation as you learn meditation techniques, receive some healing and rediscover a positive life path. The focus is on joy, abundance and celebration of the summer solstice and personal achievements
July	19 th	Healers' Retreat	This much-needed one day retreat for healers and lightworkers will explore the next step on your ascension path. Gain understanding of the changing earth frequencies and the role you are here to play during the challenges of 2012 and beyond.
September	27 th	Shamanic Healing	This one day introductory workshop will teach you ways used by shamans worldwide for inner journeying and personal transformation. You'll experience various guided meditation techniques, heightened awareness and connect with woodland nature in a safe and stress-free environment
October	25 th	Samhain Celebration	This one day workshop focuses on the Celtic cross-quarter festival of Samhain. You'll spend time meditating and welcoming inner stillness, envision long-term plans, honour the ancestors and celebrate new beginnings.
tba		Moon Lodge Retreat	This special women's only event is being held in association with Anne Elizabeth Fleming, a Crystal Bowl Sound Therapist and promises to be a unique and personal journey celebrating the Divine Feminine.

Address for events:

Forest Garden Shovelstrode,
Shovelstrode Lane,
East Grinstead,
West Sussex RH19 4TE

Booking an event:

Online (paypal):

<http://www.forestgarden.info/courses-a-tours.html>

Cheque:

please email diana@thelifewhisperer.co.uk for details



Time/Cost:

One day events begin at 10am and finish between 4 and 4.30pm.

The cost is £85 per person including refreshments, home-cooked lunch and any relevant materials.

Timings and cost for the Moon Lodge Retreat will be advised separately. Please email

diana@thelifewhisperer.co.uk if you would like to be kept informed.

Telephone enquiries: 01342 328162